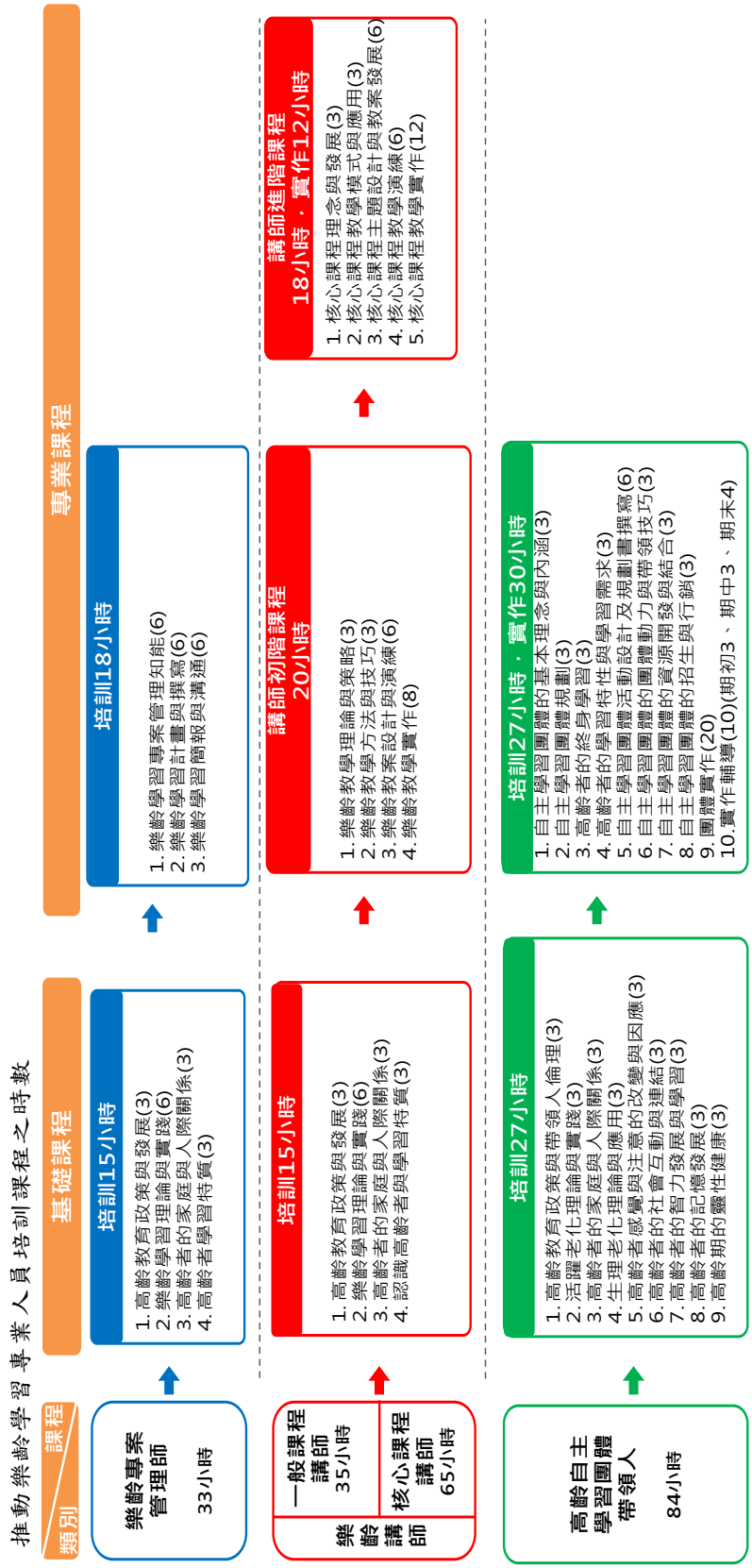附件　推動樂齡學習專業人員培訓課程之時數